

## West End Esher Cricket Club

## Changing Rooms and Showering Facilities

Parents/carers, coaches, team managers and volunteers should be aware that there are circumstances where junior players may find themselves changing in facilities where adults are present in the area. Cricket is unusual in that children play, compete, practice, train and socialise amongst adults. We all have a duty of care to ensure risks are minimised and the following guidelines are adopted by **West End Esher Cricket Club**:

- Children should be encouraged to arrive and leave in their playing kit and are not required to change/shower at the ground
- Where possible, separate facilities should be available for children to change/shower in a different location to adults
- While groups of children are using changing facilities, coaches and other volunteers must not enter unless absolutely necessary.
- Remember the 'Rule of Two', giving particular consideration to the gender of those using the facilities when deciding who the most appropriate adults are to enter. Such access should be announced verbally before entering. If possible, signage should be used to indicate when the changing room is in use by children.
- It is recognised that some 16 and 17 year olds may wish to change/shower alongside their adult team mates in communal changing rooms. Such a situation should be agreed in advance with the Club Safeguarding Officer, the child and the parent/carer it is essential that no pressure is applied for a child to make any particular choice
- Mixed gender teams must always have separate and clearly signed changing facilities. If this is not possible, players should have a specific time allocated to using the changing facilities, based on their gender, and this should be strictly adhered to
- Mobile phones or any other equipment capable of capturing still or moving images should not be used in the changing room when people are changing

## **Transgender and Non-Binary Participants**

Using gendered changing facilities can be a source of stress for transgender and non-binary participants. Clubs should consider how to support these children to use the changing rooms that they feel comfortable with.

Club policies should reflect that decisions need to be made on a case-by-case basis, taking into consideration all children's welfare.

For further information on how best to support transgender and non-binary children please visit the websites of the below organisations.

- • UK Active Transgender Guidance for Leisure Facilities
- Gendered Intelligence Guide for Trans Inclusion in Youth Residentials
- Stonewall tips for LGBTQ+ Inclusion

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West End Esher Cricket Club: The Pavilion, West End Lane, Esher, Surrey, KT10 8LF